Bus/Train services frequency guide

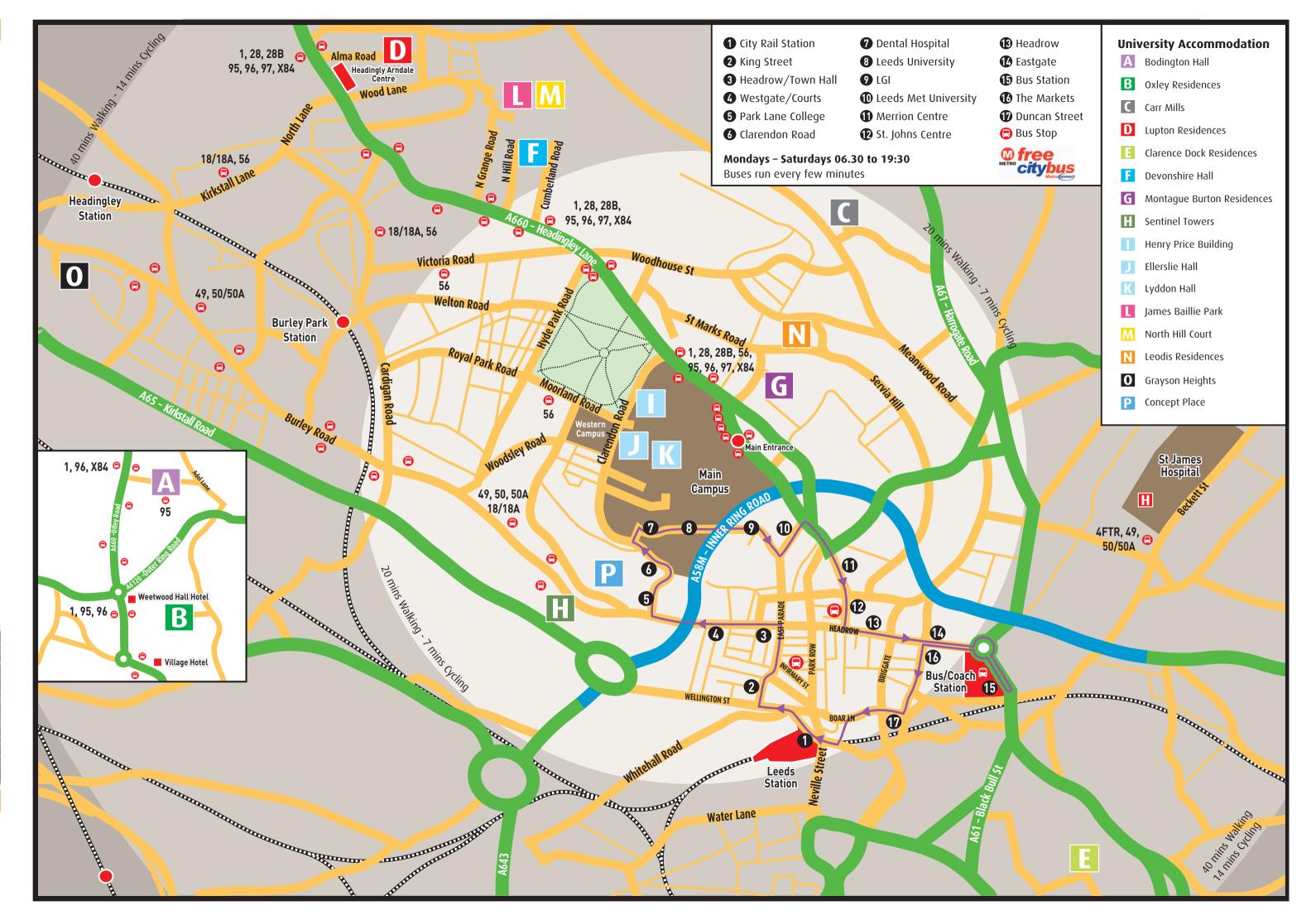
Main Ca Service Number	Places Served	Number of Buses per Hour During the Daytime		
		M-F	Sat	Sun
1	Cottingley, Beeston, City Centre, University, Headingley, Otley Road (for Bodington Hall), Holt Park	6	6	2
18/ 18A	Ireland Wood, West Park, Headingley, Burley Road (for Concept Place), City Centre, York Road, East Garforth	6	6	1
28	Clarence Dock, City Centre, Headingley, Adel	3	3	3
28B	Clarence Dock, Leeds, University, Headingley	3	-	-
49	Bramley, Kirkstall, Burley Road (for Grayson Heights and Concept Place), City Centre, St James's Hospital, Harehills, Monkswood Gate	6	6	2
50/ 50A	Horsforth, Kirkstall, Burley Road) for Grayson Heights and Concept Place), City Centre, St James's Hospital	6	6	2
56	Moor Grange, Headingley, Woodhouse, University, City Centre, Cross Gates, Whinmoor	6	6	3
X84	City Centre, University, Otley Road, Ikley, Skipton (for Bodington Hall) (Limited Stop)	4	4	2
92	Tannery, City Centre, University, Headingley	3	-	-
95	Bodington Hall, Weetwood, Headingley, Woodhouse, University, City Centre (Also operates a special late night service Monday – Saturday)	6	6	5
96	Holt Park, Headingley, University, City Centre	6	6	5
97	Guiseley, Headingley, University, City Centre	3	3	1

St James's Hospital				
4FTR	Pudsey, City Centre, St James's Hospital, Seacroft	6	6	2
49	Bramley, Kirkstall, Burley Road (for Grayson Heights and Concept Place), City Centre, St James's Hospital, Harehills, Monkswood Gate	6	6	2
50/ 50A	Horsforth, Kirkstall, Burley Road)for Grayson Heights and Concept Place), City Centre, St James's Hospital	6	6	2



Train services frequency guide

Service	Places Served		Number of Trains per Hour During to Daytime			
		M-F	Sat	Su		
Harrogate	Leeds, Budley Park, Headingley, Harrogate, York	2	2	4		



Travelling to the University of Leeds

Travelling to the University on foot, by bicycle, and on public transport is easy and often faster than driving. The University is conveniently located iust outside Leeds City Centre, only 20 minute's walk from the train station and well connected by frequent bus services.

This Travel Guide provides useful information on travel choices.

*U*Travel*Active*

Promoting cheap, fun and healthy everyday travel

The UTravelActive project aims to promote health and wellbeing through encouraging and facilitating active travel in the everyday lives of students, university staff and local communities.

The programme of activities throughout the year includes:

- VELOEAMPUS LEEDS
- Infrastructure improvements on and off campus
- Events, campaigns and information

Further information

Project website www.leeds.ac.uk/utravelactive UTravel Active facebook group

www.facebook.com (search for 'UTravelActive' group)

Annual Events supported by UTravelActive include:

European Mobility Week (16-22 September 2009)

University Healthy Week (February 2010)

Staff Benefits Fair (March 2010): www.leeds.ac.uk/hr/benefits Walk to Work Week (April 2010): www.walkingworks.org.uk

Bike Week (June 2010): www.bikeweek.org.uk

Walking

Walking is one of the easiest ways to be physically active, and can be done almost anywhere, at anytime. More than 60% of students walk to the University every day and most of the student halls are within two miles (40 minutes), an easy walking distance. All areas shown on the map overleaf, including the city bus and train stations and shopping areas in the city centre and Headingley, are within walking distance.

The campus is pedestrian friendly, offering safe, clean and green pedestrian areas. The sports centre organises free weekly lunchtime walks around campus.

Further information

Website for walking directions: www.walkit.com/leeds Lunchtime walks: www.leeds.ac.uk/sport/pages/wellbeing/walks.htm UTravelActive Project: www.leeds.ac.uk/utravelactive

Cycling

For those living within 5 miles, cycling is a good way to commute to the University and to get around Leeds, though some staff and students regularly cycle much further. It can be fun and is healthier, cheaper, more reliable and often faster compared to driving or public transport. Most student halls have secure cycle storage.

If you haven't got a bicycle, the cycle to work scheme for staff and the Velocampus Leeds bike hire for students can help you access one. See below for details.

The University cycle map indicates routes and cycle facilities, including the location of cycle parking and showers on campus as well as bike shops in Leeds. It is available via the sustainability officer or departmental environmental coordinators, or downloadable from the UTravel Active website.

Further information

University Bicycle Users Group: www.leeds.ac.uk/leedsbug Leeds Cycling Action Group: www.leedscyclists.org.uk UTravelActive Project: www.leeds.ac.uk/utravelactive

VELO AMPUS LEEDS

Bike hire for students costs only £35 for the year or part year, plus £100 deposit. This includes the bike, servicing, lights and lock.

Bikes will be available from the UTravelActive stall at Intro Week fairs or by emailing transport@leeds.ac.uk

Drop-in self help maintenance sessions will be running through the year, as well as cycle confidence training, bike buddying, social rides and events.

Further information

Velocampus Leeds www.leeds.ac.uk/velocampus

UTravelActive facebook group

www.facebook.com (search for 'UTravelActive' group)



Cycle to work for staff

Every autumn and spring staff can join the Cycle to Work scheme and select a new bicycle and safety equipment from specified shops in Leeds. The University hires the selected goods as a tax-free benefit to the employee over a period of 18 months. At the end of the period the employee has the opportunity to buy the bike for 5% of the original value. Staff can typically save about 20% depending on income tax, N.I. and pension conditions.

Further information

Cycle to work: www.leeds.ac.uk/hr/benefits/travel.htm

Public transport*

*All prices current at the time of print.

Metro operates a FreeCityBus every few minutes from 6:30 to 19:30 Monday to Saturday. It's free and links the bus and train station and the city centre with the southern end of campus (Clarendon Way).

Buses serving the University, their frequencies and bus stops in key locations are shown on the reverse.

YourNextBus is Metro's initiative to provide real time bus information to your mobile phone. Just text the bus stop number to 63876 (this spells Metro on your phone). The return message gives you a prediction of how many minutes away the next buses are. Your next bus is also traceable online or on your WAP function.

Tickets for bus and train travel in West Yorkshire are available at

Staff receive a 15% discount on the purchase of annual MetroCards available from Human Resources. All MetroCards include virtually unlimited bus travel within West Yorkshire.

Cards	Monthly salary deduction for 10 months	Savings per year
Bus only MetroCard	£63.28	£98.20
Bus only FirstYear card	£55.00	£40.00
Zones 1 – 3 (e.g. Bradford, Wakefield, Shipley)	£71.85	£111.50
Zones 1 – 4 (e.g. Ilkley, Keighley)	£84.84	£131.60
Zones 1 – 5 (e.g. Huddersfield, Todmorden)	£101.29	£157.10
Zones 2 – 5 (excluding Leeds station)	£70.99	£110.10

Staff living outside West Yorkshire can benefit from an interest free loan for their annual train tickets. For example, if you live in York the University can buy you an annual train ticket worth £1.760. In return, your net salary will be deducted by £176 over 10 months. You will be saving £268/year compared with a monthly ticket. Calculate your journey costs on http://ojp.nationalrail.co.uk/en/pj/sts and log on to the Human Resources benefits webpages for all details.

Student Plus MetroCards for unlimited travel in West Yorkshire are available from travel centres, bus stations and post offices as well as at the start of term in the Students' Union, for a charge of £17/week or £62.50/ month. First bus only tickets are available with FirstMonth, FirstTerm or FirstTerm in the 'Greenzone'. This covers Devonshire Hall, James Baillie Park/North Hill Court, Lupton Flats, Carr Mills and Clarence Dock.

Journey Planner, timetables and YourNextBus: www.wymetro.com Timetables (printed): Metro and Students' Union

First Group: www.firstgroup.com/ukbus/yorkhumber/leeds

Train journeys: www.nationalrail.co.uk

Parking and Driving

Parking at the University is managed by Security Services. This includes the administration of the permits, barriers maintenance and security. With very few exceptions no new permits are currently being issued and students are not able to park on campus. Provision is made for blue badge holders and entitled staff and students may enquire through the Equality and Diversity Unit for a disabled permit. Individuals have the opportunity to car share with existing permit holders and at the same time sharing the cost of a permit. Such an arrangement can be with up to four others and at the end of any such arrangement the original permit holder will still retain their individual entitlement.

Parking charges cover the costs of running parking spaces and fund the initiatives from the transport plan. They are linked to the carbon dioxide emissions of the car.

Parking charges on campus from October 2010

Car in tax band G	£336
Car in tax band F-H	£269
Car in tax band D-E	£202
Car in tax band A-C	£135
Motorbike	£36
Daily ticket	£5
Daily ticket motorbike	£1

Motorbikes can park at designated areas e.g. at Engineering or LIGHT building. They require a parking permit which are available in the Security office (at the main entrance).

Further information

Parking permit application: www.leeds.ac.uk/estate_services/security Queries: carparking@leeds.ac.uk

Car Sharing



carshareleeds.com

More than 400 members are registered on the free university car sharing scheme in which people can match their journeys to work. Members can offer or receive a lift, one day or several days a week. Car sharing offers the chance to save money, to make new friends and helps tackle congestion. The first High Occupancy Lane has been implemented on Stanningley Road in Leeds. Apart from sharing a car members can share a campus parking permit and again, save on cost.

Further information

Car sharing scheme: www.carshareleeds.com Information: www.leeds.ac.uk/estate services/environment/driving.htm

National Liftshare Day (June 2010): www.liftshare.com/business/nlsd.asp

Car club WhizzGo

By joining WhizzGo you can drive a car without owning one. There are 20 cars around Leeds including two on campus which can be booked in half hour increments with a minimum booking of one hour. More cars are available around the country.

Staff who need a car for business can apply for the corporate scheme. They need approval by their faculty finance manager.

Students and all other staff who are at least 18 years old and have held a driving licence for a year can register online.

Costs: Registration fee of £15 for corporate members (paid by the department).

Private members pay a monthly membership fee of £5.

Hourly charge starts at £5.99 including fuel, insurance and RAC cover.

Further information

Corporate scheme

www.leeds.ac.uk/estate_services/environment/whizzgo.htm Locations, registrations and bookings: www.whizzgo.co.uk

